

Climbing Wall Award Assessment

Is it for me?

This one day Assessment course is designed for climbers who have an interest in the supervision of novices in the activity of indoor climbing, before attending this course you must fulfil the following pre-requisites:

- Have recorded a minimum of 30 visits to a least 3 different climbing walls.
- Assisted a qualified supervisor on at least 15 instructed sessions on at least 2 different walls.
- Have led a minimum of 40 climbs.
- Registered with one of the boards for the CWA scheme.
- Have attended CWA training course or been granted exemption from Training.
- Be 18 years of age at time of assessment.
- Hold a valid first aid certificate.

Course Content & Programme

Meet at Harlow Outdoors at 9.00am

- Outline programme for the assessment
- Collect logbooks
- Review home papers.

The candidates will be given the task to run sessions for the group this will all depend on the group experience & age, fitness etc, the following areas will be assessed.

- Equipment
- Belaying
- Personal Climbing
- Supervision
- Organization
- Group management
- Supervising the session

Practical assessments

Listed below is a sample of a few suggested Sessions.

- Group arrive initial briefing, kit issue, fit shoes etc.
- Warm up
- Bouldering session coaching of movement
- Games

- Intro to belaying, tying in different methods
- Top roping supervision
- Incident management

Results

- Individual feedback

Further Awards

- SPA Scheme

The Venue

The CWA Assessment will be held at Harlow Outdoors indoor climbing wall large public access facilities with over 1000 square meters of climbing.

Instructional Staff

The course provider/director will hold the minimum qualification of mountain instructor (MIA); our instructors are qualified and experienced climbers with an excellent knowledge of the sport. The Staff ratio is 1:4.

Accommodation

This is a non-residential course. Participants should arrange their own accommodation and food for the duration of the course.

There are also numerous B & B's in Harlow area. Alternatively students can camp at Danbury Outdoors. The cost of this is included in the course fee.

Kit List

All participants should bring the following kit and equipment with them:

- Notebook and Pencil
- Indoor climbing clothing (shorts & T shirt)
- Chalk Bag
- Rock Boots
- Harness
- Quick draws
- Belay Device & HMS Karabiner
- Any use full coaching aids

All technical equipment can be provided, however we would expect a potential CWA holder to have their own equipment, we will provide all Ropes.

Additional information

On completion of The CWA Assessment you can attend the bolt on Abseil assessment if you have been Abseil trained.