

Information for Parents.

Accommodation:

Children are arranged into their rooms by accompanying staff. Rooms vary in size of between two and eight beds. Your child needs to bring their own sheet, duvet cover and pillowcase. This allows children to personalise their bed space and hopefully feel more at home within their room, this is of great importance to younger children. The Centre has plenty of spare bedding should it be required.

Food:

Menus are created to try and cater for the majority of students staying at the Centre. We collect dietary information in on parental consent forms prior to the course. Please indicate on this any foods you child cannot eat. We always try to provide an option, and make sure that a child never goes hungry. Lunches are always packed, with a variety of filled rolls, crisps, cake etc. A selection of fruit is available every day.

Duties:

A major aspect of any course run at the Centre is teamwork. Everyone staying at the Centre is expected to pull their weight by keeping their room and shared communal areas tidy. To this end, we operate a system where before groups leave for activities each day, each group will take responsibility for tidying up an area of there Centre. Each group will also take charge of laying tables and serving dinner for an evening and the following morning.

Activities:

Challenge, coping with fear, learning through new experiences are all part of the courses we provide. It is possible that at some point during your child stay they will be confronted with something they do not particularly want to do. Staff will encourage everyone in the group to participate fully during all activities and be on hand to offer extra support to those who need it.