

A level and GCSE PE courses at Maes y Lade



At Essex Outdoors Maes y Lade we deliver AS, A2 and GCSE Level Outdoor Adventure courses in Physical Education, which are a fantastic alternative to the mainstream team sports usually offered within schools.

The Outdoor Adventure module allows students to learn in new and exciting ways, offering them mental and physical challenges, whilst at the same time encouraging trust, cooperation, teamwork, and personal responsibility. Our dedicated staff will provide all the practical and theoretical input for the course, as well as support teaching staff with the grading of the students



Activities available at AS, A2 and GCSE level include:-

- Canoeing
- Climbing
- Hill/ Mountain Walking
- Kayaking
- Mountain Biking
- Orienteering



And our courses currently meet the requirements of the following examination boards:-

- AQA
- Edexcel
- OCR
- Welsh Joint Education Board



The course last for five to six days, and consists of both practical and theoretical work. The students will also complete a workbook on their chosen activity, with a theory exam at the end of the course.

For more information on the A Level and GCSE PE programmes available at Maes y Lade, please contact us on 01497 847287.

www.essexoutdoors.org

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