

# Sea Kayak Training and Trips



## Half day taster session

Learn some basic skills and enjoy your first sea kayak experience on the Blackwater Estuary

**Age** - 16+                      **Price** - £30 per person                      **Group size** Minimum 6. max 10  
**Dates** - 18th April 2010 am or pm



## Introduction to Sea kayaking – (Full day)

Including an introduction to navigation, the kayaks, clothing and equipment. Learn all the basic skills then paddle to the open sea, stopping on a beach or island for lunch.

**Age** - 16+                      **Price** - £60 per person                      **Group size** Minimum 6. max 10  
**Dates** - 23rd May, 10th July 2010



## Day Trips - extend your horizons

Using various parts of the coastline, backwaters and estuaries between Maldon and Orford. Suitable for those who have completed the introduction to sea kayaking or taster day or who have previous kayaking experience.

**Age** - 16+                      **Price** - £60 per person                      **Group size** Minimum 6. max 10  
**Dates** - 21st August, 26th September

## Mersea Island Circumnavigation

Complete a memorable journey around Mersea Island, including an overnight wild camp. Suitable for those who have completed the taster day or the introduction to sea kayaking or those with previous experience.

**Age** - 16+                      **Price** - £55 per person                      **Group size** - Minimum 6. max 8  
**Dates** - 9th May



## 1½ day trip around Walton Backwaters

Navigate around the Walton Backwaters, Hamford Water and the Walton Coastline plus a circumnavigation of Horsey Island and visit to a seal colony. Includes use of car park, hot showers and changing room.

**Age** - 16+                      **Price** - £85 per person.                      **Group size** - Minimum 6. max 8  
**Dates** - 26th June



## Plan your own trip

If you have a trip in mind that doesn't fit with any of the above, please contact us and we'll happily work with you, to help design your own adventure.

Contact James Linford at Essex Outdoors Mersea on 01206 383226 or email [james.linford@essex.gov.uk](mailto:james.linford@essex.gov.uk)

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