

Single Pitch Award Assessment

Is it for me?

The two day Single Pitch Award Assessment Course is designed for climbers who have an interest in the supervision of novice's Single pitch climbing activities. Before attending this course you must fulfil the following pre-requisites:

- Registered with their relevant boards for the SPA scheme (e.g. MLTE, MLTW, MLTS etc.)
- Have attended an SPA training course or have been granted exemption from Training by the relevant training board (this is the candidates responsibility)
- Have led a minimum of 40 climbs outdoors on leader placed protection. (A substantial number of these must be at least severe grade)
- Have assisted in the supervision of climbing activities for approximately 20 sessions at a variety of locations
- Be 18 years of age or older at time of assessment
- Hold a valid first aid certificate
- Be proficient in the use of climbing walls

Course Content & Program

Pre course

Prior to the assessment you will be sent a Home paper. Please bring this with you to assessment.

Day 1 - Meet at crag.(location TBC)

- Introduction of instructors & outline of the Course
- Use of a guide book
- Personal Climbing assessment at Grade Severe
- Personal abseiling
- Lowering a climber
- Belay construction



Early Evening Session- Indoor wall (location TBC)

- The indoor wall session
- The uses of an indoor wall. Rules, facilities
- Warm up
- Group management
- Bouldering and top roping.
- Leading
- Games and Competitions

Evening Lecture

- Home Paper discussion

Day 2- Meet at Crag (location TBC)

- Group management and briefs
- The impact of the group on the crag environment
- The setting up of:
 - Top & bottom Ropes.
 - Releasable Abseils.
- Problem solving & avoidance

End of course

- Course review and results. Individual feedback will be given to each candidate

Instructional Staff

The course provider/director will hold the minimum qualification of mountain instructor (MIA). Our instructors are qualified and experienced climbers with an excellent knowledge of the award. The Staff ratio is 1:4.

Kit List

All participants should bring the following personal kit and equipment with them:

- Notebook and Pencil, completed home paper
- Water proof jacket & trousers
- Rucksack



- Indoor climbing clothing (shorts & T shirt)
- Chalk Bag
- Rock shoes
- Suitable outdoor clothing
- Harness & helmet
- Belay device & prussic
- Water bottle/Flask
- Climbing rack
- Log Book

All technical equipment can be provided on request however we would expect a potential SPA holder to have their own equipment.

(All ropes will be provided by Danbury Outdoors)

