

Train in Style at Mersea

Introducing the brand new purpose-built training suite at Essex Outdoors Mersea

Our newly constructed, ultra energy-efficient Scandinavian-style training suite provides the perfect setting for staff development training, meetings, conferences and seminars.

The suite is totally self-contained with ample parking and its own **wheelchair accessible** toilets. The main space is **air conditioned** and has all of the up to date IT and infrastructure you would expect – **interactive whiteboard, digital projector, large screen TV** and integrated sound and vision plus **Wi-Fi internet** access. In addition there are 2 smaller break-out rooms, giving you the flexibility you need for your training event.

We can provide a complete catering service for your visit to us; from teas, coffees and freshly baked pastries when you arrive through to a delicious buffet, full cooked lunch, or even afternoon tea, the choice is yours.

If you fancy a break from training, we can also tailor a program of exciting and challenging **outdoor and adventurous activity sessions** for your group to try; choose from over 20 fantastic activities, from **Archery** to **Zipwire**, all delivered on-site by our experienced and enthusiastic instructor team.

Other courses we deliver include;

First Aid Courses

We offer a variety of HSE accredited first aid courses including EFAW & FAW, plus specialist Courses in the Outdoors (Remote Emergency Care), Paediatric and RYA First Aid.

Developmental Training

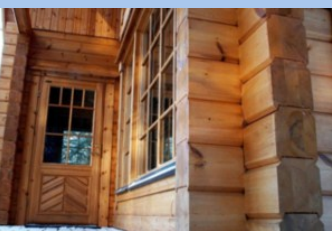
We can design courses for your organisation which identify and develop skills within your staff team, meeting your desired outcomes. Courses can be over 1 day or more—please contact us to discuss your requirements.

We can also deliver HSE Manual Handling courses.

For further details or to check availability, please call our bookings team at the centre

www.essexoutdoors.com

Tel: 01206 383226 E-mail: mersea@essexoutdoors.com



Essex Outdoors is committed to delivering high quality outdoor learning to the young people of Essex and the wider community. For more information on all of the courses and activities that Essex Outdoors offers across Essex and beyond, please contact us using the details above.